

# How to make your friends smile gratefully all day long...

If this were addressed to you, how would you feel if it arrived unexpectedly in your email box ?

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This year (2016), I've decided to send one email each day thanking someone who has enriched my life.

It could be someone who is close to me, like a family member or a friend.

It could be someone I have only met once or perhaps admired from afar.

It could be someone I have known for a long time or only momentarily.

**TODAY YOU ARE THAT PERSON.  
I APPRECIATE YOUR BEING IN MY LIFE.**

Allen

*P.S. Please know that there is no hierarchy here. In the past few days, your name and who you are in the world came to mind. When that happened I realized that I wanted to honor and thank you for enriching my life.*

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My reaction was delight and total surprise. So rarely is unsought, free kindness sent our way! If you want to use this model or concept, just do it. Change the names, of course. There are no copyrights or restrictions at all.

If your curiosity is stirred, here's a pinch of background. Allen Klein and I are veteran writers/speakers who have met, mostly in passing at presentations, for years. He's very funny and has written many books that I have enjoyed and shared, so I was indeed honored—and quite surprised—when it arrived. The next day it occurred to me that others may want to say the same or something similar to those they know. So I emailed Allen, thanked him for the thoughtfulness, and asked if my sharing the idea with others would be okay. His reply, almost immediate, was “Yes, please *do* share it. Imagine if we all did this! What a great world this would be.”

**So now it's in your hands to use as or if you wish!**

(Allen Klein's most recent book is *You Can't Ruin My Day*. See more at [humor@allenklein.com](mailto:humor@allenklein.com).)

Best wishes,

Gordon Burgett

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